

RED OAK HILLS Newsletter

Red Oak Hills Annual Holiday Party

This year's holiday party

will be held December 6, 2022 at the Shawnee Civic Center from 5 P.M. to 8 P.M. It will be catered by Yardhogs Catering. Families with initials A-M are asked to bring a dessert. Initials N-Z are asked to bring an appetizer. Join us for a fun evening with neighbors. Call or text Carole Collyard @913-238-0209/carolecollyard8@gmail.com for questions.





Join your neighbors on Friday, December 9th from 6-7 for a hot chocolate bar, cookies and pictures with Santa with his lighted tractor! Click Cookies and Hot Chocolate to RSVP.





Our Red Oak Hills Homes Association has one opening on the Board of Directors and is seeking a candidate to fill this position. The Board is composed of nine volunteer members who take on various responsibilities including overseeing subdivision maintenance, arranging social events, reviewing roofing / solar panel / trash can barrier applications and enforcing deed restrictions. We meet one evening a month. Beginning in early 2023 the Board will be taking actions to enforce the newly updated deed restrictions and ideally the new board member will have the skills and conviction to lead

Graphic Artist Volunteer Needed

The Red Oak Hills directory is scheduled to come out in the first quarter of 2023. The data part is ready to go; however we need a graphic artist to assist in designing and putting together in camera ready form. Please contact ROH board member Pam Baur. Email: pamelasbaur@vahoo.com



Johnson County Park and Recreation District's Family Holiday B-I-N-G-HO-HO

Looking for a fun, family event during winter break? Play everybody's favorite game B-I-N-G-O with a holiday twist! You'll be singing and laughing all the way! Pizza lunch served at 11:30 am, bingo to follow. This festive event is \$12 per person, \$13 nonresidents and a discount is applied beginning with the third family member. Cost of admission covers food and staff time to



administer the bingo program. No additional charge for bingo. Register online at <u>JCPRD.com/register</u> and search for activity number 23157. The event is on December 21, 2022 from 11:30 a.m. to 1:30 p.m. at Mill Creek Activity Center 6518 Vista Drive in Shawnee.



A Christmas Story

On Sunday, December 04 at 1:00, A Christmas Story will be shown at the Aztec Shawnee Theater. The theater is located at 11119 Johnson Drive. Visit https://aztecshawnee.com/a-christmas-story-3/ for more information.

Finding a Tree for the Holidays

Midland Holiday Pines is just west of our neighborhood at 18541 Midland Drive. As Christmas approaches, you may find a "Sold Out" sign at the tree farm. What then? Visit the Kansas Christmas Tree Growers Association (KCTGA) website highlighting many tree farms across the state. There are over 15,000 tree farms in the United States growing up to 35 different species, however, Kansas growers focus on mainly four different types of trees due to the climate of our state. Visit their tree information page to learn about the variety of Christmas trees grown in the "Sunflower State" and how they are unique to each other. The interactive tree farm map can be found at https://www.kctga.com/home.



Meet the Mason Jianas Family

Kelly, Nick, and Allison moved to Red Oak Hills in 2013. Allison is almost ten and is in fourth grade at Lenexa Hills Elementary School. Allison enjoys karate, swimming, acting, and singing. Kelly and Nick

grew up in the area and attended the same high school, middle school, and college. Go KU! Kelly is an Early Childhood Special Education Teacher and works as an Early Interventionist with Johnson County Infant Toddler Services. She is currently completing a leadership program thru Pittsburg State so she can be a licensed administrator. Outside of work, Kelly enjoys yoga, pilates, traveling, walking, and planning activities for Red Oak Hills. Nick is Vice President of Business Intelligence at Spring Venture Group. Outside of work, Nick is an avid frisbee golf player and can be found at Shawnee Mission Park or playing at another local frisbee golf course. Nick also helps keep the neighborhood website up to date. Goldie is the family's four-year-old Golden Retriever who wants to be everyone's friend. She may bark but she is only saying hi! Hoyt joined



the family in 2021 and was rescued from the streets. Shortly after being rescued, it was realized that Hoyt had lost his vision. Hoyt does great around the immediate family but gets scared easily so don't take it personally if you see the family walking and they cross the street if you are approaching. Kelly, Nick, and Allison love the uniqueness of Red Oak Hills and how beautiful it is. They have enjoyed meeting other families and connecting with neighbors.

Saturday Tech Talk-December session



Do you or anyone you know have technology questions such as what it streaming, how does it work, how do I add appointments to my calendar, is there a way to delete spam, how do I stop robo calls, why can't I send text messages. On December 10th @ 12 p.m. (and the second Saturday of the month thereafter) Annissa will be at the Shawnee library on Monticello to answer any and all technology questions. This is open to residents outside of ROH so feel free to

invite friends. I am most familiar with Apple products; however I can figure out the rest of them. If there is an Android techie, out there, please feel free to join. In the November meeting, a lady learned how to organize her 23,000 pictures (not a typo, thousands 📀)

DeStress...Meditate

This time of year can be stressful. There are a variety of guided meditations that you can do alone or with children as young as 2. Try a 5 minute meditation at mindful.org. Here are some benefits of meditation:

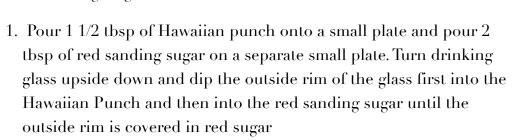
- improves a child's positive thinking, happiness, and empathy
- help reduce pain and headaches
- improve self esteem
- help children fall asleep faster, and improve sleep quality
- lower cortisol levels, resulting in decreased stress in the body
- help kids focus and concentrate In a 2019 study, high school students who practiced meditation displayed better attention spans than students who didn't.
- encourages the use of imagination during guided meditation and help them access their natural creativity both during and after the session
- connects kids with their own emotions as well as the emotions of others, leading to more compassion and a keen sense of emotional intelligence (source)



Ingredients

Green Berry Rush Hawaiian Punch Whipped Cream Raspberry Sherbet Small marshmallows Red Sanding Sugar

To a warm house and a cool drink





- 2. Fill the glass approximately 1/2 full with Green Berry Rush. Make a layer of whipped cream on top of the Hawaiian Punch, ensuring you completely cover the juice.
- 3. Add a large rounded scoop of raspberry sherbet on top of the whipped cream. Top with one small marshmallow and enjoy immediately.

About Us

Jana Bonham, Jessica Horine, Chasity Robinson Mwangi and Annissa Freeman contribute to putting together this monthly newsletter for our Red Oak Hills community members. Why? We love our community and want us all to stay connected not just for fun and sharing but also for help. The newsletter is to share news, events and fun things with one another. This newsletter will only be in electronic format however feel free to print and share with friends and family.